

**BROADWAY BOUND YOGA**  
August 25th-September 26th  
**CLASS SCHEDULE**

<u>Monday</u> 8:30 a.m.-9:30 a.m.	Vinyasa Yoga @ Broadway B.
<u>Tuesday</u> 8:30 a.m.-9:45 a.m.	Weights/Yoga @ Broadway B.
<u>Wednesday</u> 8:30 a.m.-9:30 a.m.	*Poolside Yoga
<u>Friday</u> 8:30 a.m. – 9:45 a.m.	Weights/Yoga @ Broadway B.

*Pricing: \$12 drop-in, \$55 for 5 classes, \$110 for 10 and \$165 for 15 classes. Each time you bring a new friend, **you** receive one free class! First time visitors are free as well!*

We offer Vinyasa yoga classes which are flow-based & utilize the sun salutations to link postures with breath. These classes are vigorous and dynamic. Breath awareness, inversions, relaxation and balancing postures are covered.

Broadway Bound Dance Academy  
10580 Loveland Maderia Rd.  
Loveland, OH 45140  
513-774-9474

Emilie Schmidt LaRosa, Owner / Julie Dolbier, Yoga Instructor

\*Poolside yoga is located in the Paxton East development at the Marina Pool. Call Julie for directions: 683-7168/313-0880  
You will need to bring your own mat/blocks.  
If there is ever a rainy day for the outside class, we will meet at the studio.

