



Tap ♦ Ballet ♦ Hip-Hop ♦ Musical Theater ♦ Voice ♦ Jazz ♦ Dance Company

## Bio-Julie K. Dolbier

Fitness and Yoga Instructor

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### EDUCATION

- Miami University- B.S. in Speech Communications/Public Relations 1989

### TRAINING

- NESTA (National Endurance Sports Trainers Assoc) since 2001
- CPR Certified
- YogaFit Levels: I, II, III
- YogaFit Pre/Post Natal certified 2010
- Group Fitness Instructor from 1986-2011
- Owner of The Loveland Yoga Loft 2010-2011

### HOBBIES

Cooking, piano, family, my pets, traveling, exercising and fine wine!